



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast (7.30-8.30)	Cereal with Milk/ Toast and butter Seasonal Fruit Milk/Water	Cereal with Milk/ Toast and butter Seasonal Fruit Milk/Water	Cereal with Milk/ Toast and butter Seasonal Fruit Milk/Water	Cereal with Milk/ Toast and butter Seasonal Fruit Milk/Water	Cereal with Milk/ Toast and butter Seasonal Fruit Milk/Water
Morning Snack (10am)	Grapes and Oranges Milk/Water	Breadsticks and Carrot Sticks with Hummus Milk/Water	Apples and Pears Milk/Water	Crackers and Cheese and Grapes Milk/Water	Bananas Milk/Water
Lunch (11.30am)	Meatballs with Orzo Apple, carrots muffins	Chicken Noodle's Fruit Yoghurts	Vegetarian Lentils Curry with rice Little brioche bread and butter pudding	Sea Bass with carrots and peas Fruit Yoghurts	Chicken Pie Fruit Yoghurts
Afternoon Snack (2:30 pm)	Rice Cakes, Melon Milk /Water	Cream crackers with apples and cheese Milk /Water	Cheese straws, cucumber, peppers, and cheese dip Milk/Water	Fruit Salad Milk/Water	Rice Cakes with Cheese Spread Milk/Water
Tea (4pm)	Rice Cakes with Melon	Vegetable minestrone soup with toasted bread	Cheese vegetable stuffed sweet potatoes	Pasta Salad	Sweetcorn and cherry tomato pancakes